

NORTH CAROLINA Tar Heels



OFFENSE

Despite its two top point scorers on the season not having their name appear once on the score sheets this weekend, the number two North Carolina field hockey team showed impressive offensive firepower as they advanced to the NCAA semifinals with two wins. But, UNC showed that its improving offensive depth might be strong enough to win a title.

Eight different Tar Heels had either a goal or assist with the attack led by back Marta Malmberg, who had three goals total, and forward Jaclyn Radvany, who scored the opening goal of each game.

Radvany in particular has stepped up as the season nears a conclusion, becoming a bigger part of UNC's offensive attack. "It is the toughest part of the season, and I think I've been very inspired by that and I want to be a spark out there," Radvany said. Radvany is a tough-nose player, as shown by both her goals coming from hard work right in front of the cage. Her physical play is a key component to making the Tar Heels' offense potent.

Coach Karen Shelton has been named the 2010 Dita/NFHCA South Region Coach of the Year.

"I think it's my job to get that ball over that line," Radvany said. "I do feel like I'm a leader, but I think it's also my job to keep everybody together and focused and get mad and get pissed and get that ball into the net and rile everybody up."

When the Tar Heels draw corners, a key part of their success relies on the freshman Malmberg. One of UNC's go-to plays off the corner is having the freshman shoot a drag flick. Her three goals, two coming on Sunday, all came off of penalty corner shots. UNC coach Karen Shelton, who said North Carolina's offensive depth is very important in the team's ability to repeat as national champions, was extremely happy with the way Radvany has stepped up as of late.

DEFENSE

While playing as a defender, Malmberg is a key part of the offense — not just on corners, but also by often joining an offensive attack from the right side where she plays.

"I really enjoy being part of the offense," Malmberg said. "My primary role as (UNC goalie) Jackie (Kintzer) always tells me is to play defense, so that's always on my mind. But I'm looking for the moment when I can go and help attack and help the team out."

The defending champion North Carolina field hockey team started the year by meeting everyone's expectations. The Tar Heels are known much more for their defense, as they lead the country allowing an average of only 0.83

goals per game. The pair of shut-out victories this weekend against Michigan and Iowa was one step in the right direction for the number one Tar Heels.

While UNC coach Karen Shelton said the team's main goal is to win every game, she added that if the Tar Heel defense reaches its potential, it could break the school's shut-out record of 16, set in the 2007 national title-winning season.

"We did talk about the challenge of trying to break a shut-out record," Shelton said. "We got 19 games and we got two down. "I'd like for this defense and this team to break the record, and if they can defend with passion, I think we got a real good chance to do it."

OVERALL

If the Tar Heels are going to win the national title, they will likely face number one Maryland, whose high-powered offense has handed North Carolina its only two losses.

The defense-oriented North Carolina will need to score in order to hang with the Terrapins. With more people contributing to the offense, North Carolina might have the fire power to take down the top seed.

TEAM STATISTICS	NC	OPP			
Shot Statistics					
Goals-Shot Attempts	86-427	25-159			
Goals Scored Per Game	3.44	1.00			
Shot Percent	.201	.157			
Shots on Goal Attempts	290-427	89-159			
Shot on Goal Percent	.679	.560			
Shot/Game	17.1	6.4			
Assists	66	18			
Penalty Strokes	3-3	1-1			
Penalties					
Green Cards	17	11			
Yellow Cards	5	8			
Red Cards	0	0			
PERIOD	1	2	OT	OT2	Total
Goals					
NC	38	46	2	0	86
OPP	11	13	0	1	25
Shots					
NC	213	208	6	0	427
OPP	68	83	3	5	159
Saves					
NC	21	38	2	3	64
OPP	96	103	3	0	202
Corners					
NC	101	94	1	0	196
OPP	40	43	3	1	87



Kelsey Kolojechick

Sophomore Kelsey Kolojechick has been honored as South Region Player of the Year.

No.	Name	Pos.	Yr.	Ht.
1	Teryn Brill	M	Jr.	5-5
3	Drew Hays	F	Fr.	5-5
4	Samantha Travers	F	Fr.	5-5
5	Taryn Gjurich	F	Jr.	5-5
6	Meghan Drake*	B	Fr.	5-8
8	Rachel Magerman*	F	Fr.	5-5
10	Loren Shealy	F	Fr.	5-5
11	Katie Ardrey	F	So.	5-7
12	Katie Plyler	M/F	So.	5-5
14	Kelsey Kolojechick	M	So.	5-3
15	Marta Brinkman	M	So.	5-5
17	Elizabeth Stephens	F	Jr.	5-7
19	Emily Kole*	B	Fr.	5-7
20	Caitlin Van Sickle	B	So.	5-5
21	Meghan Dawson	B	Jr.	5-9
22	Melanie Dawson	B	Fr.	5-5
23	Katelyn Falgowski	M	Sr.	5-6
24	Marta Malmberg	M/B	Fr.	5-2
27	Abby Frey	F/M	Fr.	5-3
28	Louise McNutt	M/F	Sr.	5-8
29	Meghan Lyons*	F	Fr.	5-7
30	Sinead Loughran	F	Fr.	5-3
31	Jaclyn Radvany	F	So.	5-6
43	Christine Coppola	GK	Jr.	5-11
86	Caitlin Powers	GK	Fr.	5-9

*Returning starter

Head Coach: Karen Shelton
Associate Head Coach: Grant Fulton
Assistant Coach: Guy Cathro
Volunteer Assistant Coach: Jesse Gey
Director of Operations: Xan Funk

Overall: 22-3-0 Conference: 4-1-0
Home: 12-0-0 Neutral Site: 4-1-0
Away: 6-2-0

MARYLAND Terrapins



OFFENSE

The Terp attack, is ranked in the top 15 in the nation "The objective is to maintain our full-field attacking style," said Meharg. "The forwards will use their fitness to integrate a lot of the running patterns to ultimately get the ball into scoring position. The attacking unit will have to have dynamic receiving and vision across the field."

Forwards Jill Witmer, Hayley Turner and Katie O'Donnell will be impact players on the forward line. The three come with extensive high-level playing experience. O'Donnell was named to the U.S. Junior National team pool after her local club squad won the National Futures Championship. O'Donnell needs one goal to break the 100-goal mark and three to break the ACC career goals record. She already owns the ACC's career points and assists marks. Maryland has an all-time record of 94-9 at the Field Hockey & Lacrosse Complex and is 17-1 at home in NCAA Tournament games.

Missy Meharg, head coach of the Maryland field hockey team, has been named Division I Coach of the Year.

O'Donnell in particular has stepped up as the season nears a conclusion, becoming a bigger part of Maryland's offensive attack. "It is the toughest part of the season, and I think I've been very inspired by that and I want to be a spark out there," O'Donnell said.

O'Donnell is a tough-nose player, as shown by both her goals coming from hard work right in front of the cage. Her physical play is key to making the Maryland's offense potent.

When Maryland draws corners, a key part of their success relies on the freshman Shelby Sydnor. One of UNC's go-to plays off the corner is having the freshman shoot a drag flick. Her three goals, two coming on Sunday, all came off of penalty corner shots. UNC coach Missy Meharg, who said North Carolina's offensive depth is very important in the team's ability to repeat as national champions, was extremely happy with the way Shelby Sydnor has stepped up as of late.

DEFENSE

En route to the program's fourth national title, the Terps relied heavily on their defense, finishing second in the nation with 1.01 goals against the typical average.

On the back line are senior Alicia Morawski and sophomore Harriet Tibble. Morawski made several defensive saves, but none were more important than the one she made in the first half of the ACC Championship game, which eventually helped Maryland preserve a 3-2 lead and win the program's sixth conference title. Tibble was also a key component in helping the team capture the ACC crown as she tallied the

game-winning goals in both the ACC semifinals and finals. Incoming freshmen Ali McEvoy and Christine Knauss will provide the necessary competition and talent in the backfield.

OVERALL

The Maryland field hockey team will get to play at home in College Park for the first and second rounds of the NCAA Tournament this weekend. The ACC Champion Terps (19-1) will play host to UMass in the opening round. This marks Maryland's 23rd appearance in the NCAA Tournament. The Terps have an all-time record in the Tournament of 43-16 and have won six titles, five under head coach Missy Meharg. The Terrapins have won 11 straight first round games, dating back to 1998 when they were awarded for first round games. Meharg said the team's main goal is to win every game and to reach their defensive potential.

Maryland advances to the NCAA championship game for the 10th time in school history. Six of its 10 appearances have been against North Carolina. The Terrapins beat the Tar Heels twice this season, including a 3-2 win October 23 in College Park and a 5-2 win two weeks ago for the ACC Championship in Winston-Salem, North Carolina.



Katie O'Donnell

Katie O'Donnell has been selected as the 2010 NFHCA Division I National Player of the Year. O'Donnell was also named National Player of the Year and Offensive MVP.

TEAM STATISTICS		MD	OPP		
Shot Statistics					
Goals-Shot Attempts		86-427	25-159		
Goals Scored Per Game		3.44	1.00		
Shot Percent		.201	.157		
Shots on Goal Attempts		290-427	89-159		
Shot on Goal Percent		.679	.560		
Shot/Game		17.1	6.4		
Assists		66	18		
Penalty Strokes		3-3	1-1		
Penalties					
Green Cards		17	11		
Yellow Cards		5	8		
Red Cards		0	0		
PERIOD	1	2	OT	OT2	Total
Goals					
MD	38	46	2	0	86
OPP	11	13	0	1	25
Shots					
MD	213	208	6	0	427
OPP	68	83	3	5	159
Saves					
MD	21	38	2	3	64
OPP	96	103	3	0	202
Corners					
MD	101	94	1	0	196
OPP	40	43	3	1	87

No.	Name	Pos.	Yr.	Ht.
1	Melissa Vassalotti*	GK	Jr.	5-4
3	Ali McEvoy	B	Fr.	5-5
6	Christine Knauss	B	Fr.	5-6
7	Jemma Buckley	B	Jr.	5-11
8	Meghan Dean*	M/F	Jr.	5-5
9	Hayley Turner	F	Fr.	5-5
10	Jill Witmer	F	Fr.	5-2
11	Colleen Gulick	M	So.	5-4
12	Janessa Pope	F	So.	5-3
13	Shelby Sydnor	F	Fr.	5-6
14	Amanda Himmel*	B	Sr.	5-6
15	Megan Frazer	M	So.	5-7
16	Katie O'Donnell	F	Sr.	5-2
17	Lauren Barr	B	Jr.	5-6
19	Alicia Morawski	B	Sr.	5-7
20	Lindsey Puckett	F	So.	5-2
21	Kirstie Dennig	F	So.	5-4
22	Tara Zollinger	M	So.	5-4
23	Harriet Tibble	B	So.	5-7
24	Danielle Kauffman	M	So.	5-5
25	Rachel Daniels*	M/B	Jr.	5-8
44	Brook Cabrera	GK	Fr.	5-6
99	Natalie Hunter	GK	Fr.	5-4

*Returning starter

Head Coach: Missy Meharg
 Associate Head Coach: Tjerk Herden
 Assistant Coach: Dina Rizzo
 Volunteer Assistant Coach: Barb Werg
 Director of Operations: Brianna Davies

Overall: 22-3-0 Conference: 4-1-0
 Home: 12-0-0 Neutral Site: 4-1-0
 Away: 6-2-0