



WASHINGTON REDSKINS

Redskins have won 3 superbows.
NFL champions: 1982, 1987, 1991



NFC East
Fedex Field (91,704)

Robert Griffin 3



Robert Griffin 3 was the 2nd overall pick in 2012. He was selected from Baylor University after winning the Heisman Trophy his senior year.

Overview

The 2012 Washington Redskins season was the franchises 80th season in the National Football League (NFL) and their 75th representing Washington, D.C. Their home games were played at FedEx Field in Landover. Washington played in the Eastern division of the National Football Conference (NFC).

The Redskins improved on their 5-11 record from the 2011 season, and ended the regular season with a 7-game winning streak to finish with a 10-6 record, leading to a NFC East division championship and a 4th seed spot in the playoffs. It was their first division title since 1999. The Redskins lost in the Wild-Card Round to the Seattle Seahawks, ending their season but marking the teams first playoff appearance since the end of the 2007 season (in which the Redskins also lost the Wild Card game to the Seahawks). The Redskins ranked #1 in the league in rushing yards for the 2012 season. [1] Robert Griffin III's 815 rushing yards and Alfred Morris's 1,613 rushing yards.

About the Coach

Shanahan played high school football at East Leyden High School, Franklin Park, Illinois, where he played wishbone quarterback for legendary Eagles coach Jack Leases 1968 and 1969 teams. He held the single-game rushing record of 260 yards on 15 carries (which was set in a 32 and 8 win over Hinsdale South on September 20, 1969) until it was broken in 1976 by Dennis Cascio. He was a quarterback at Eastern Illinois University, where he joined Delta Sigma Phi Fraternity. In 1972, a piercingly hard hit on the practice field ruptured one of his kidneys, which caused his heart to stop for thirty seconds and nearly killed him. With his playing career abruptly ended, Shanahan entered coaching.

The Origin

The Washington Redskins are a professional American football team based in Washington, D.C. They are in the East Division of the National Football Conference (NFC) in the NFL.

2012 starting players

OFFENSE

QB 10	Robert Griffin 3	6'2"	219
RB 47	Alfred Morris	5'11"	222
FB 36	Darrell Young	5'11"	246
WR 88	Pierre garcon	6'0"	209
WR89	Santana Moss	5'10"	205
TE 84	Niles Paul	6'1"	225
LT 71	Trent Williams	6'5"	328
LG 78	K. Lichtensteiger	6'2"	284
C 63	Will Montgomery	6'3"	304
RG 66	Chris Chester	6'3"	309
RT 74	Tyler Polumbus	6'8"	305

DEFENSE

DE 92	Chris Baker	6'2"	333
DT 99	Jarvis Jenkins	6'4"	315
NT 96	Barry Cofield	6'4"	318
DE 90	Doug Worthington	6'5"	311
LB 59	London Fletcher	5'10"	242
LB 91	Ryan Kerrigan	6'4"	260
LB 56	Perry Riley Jr.	6'0"	238
CB 23	DeAngelo Hall	5'10"	193
CB 26	Josh Wilson	5'9"	188
FS 24	Bacarri Rambo	6'0"	215
SS 31	B. Meriweather	5'11"	197

Special Teams

K 2	Kai Forbath	5'11"	197
P 3	Robert Malone	6'2"	215

Record 10-6

DATE	Oppenant	Final Score
Sep. 9	Saints	W 40-32
Sept 16	Rams	L 28-31
Sep. 23	Bengals	L 31-38
Sep. 30	Buccaneers	W 24-22
Oct. 7	Falcons	L 17-24
Oct. 14	Vikings	W 38-26
Oct. 21	Giants	L 23-27
Oct. 28	Steelers	L 12-27
Nov. 4	Panthers	L 13-21
Nov. 11	Bye	Bye
Nov. 18	Eagles	W 31-6
Nov. 22	Cowboys	W 38-31
Dec. 3	Giants	W 17-16
Dec. 9	Ravens	W 31-28
Dec. 16	Browns	W 38-21
Dec. 23	Eagles	W 27-20
Dec.30	Cowboys	W 28-18



SAN FRANCISCO 49ERS

49ers have won 5 superbows.
NFL championships: 1981, 1984, 1988, 1989, 1994



NFC West
Candlestick Park (70,207)

Colin Kaepernick



Colin was the MVP of the 2008 Humanitarian Bowl and in the 2011 NFL Draft the San Francisco 49ers selected Kaepernick in the second round with the 36th overall pick.

Jim Harbaugh



On January 7, 2011, four days after winning the Orange Bowl, Harbaugh agreed to a 5-year, \$25 million contract to become the next head coach for the San Francisco 49ers.

Overview

The San Francisco 49ers are a professional American football team based in San Francisco, California, playing in the West Division of the National Football Conference (NFC) in the National Football League (NFL). The team was founded in 1946 as a charter member of the All-America Football Conference (AAFC) and joined the NFL in 1949 after the two leagues merged. The 49ers are known for having had one of the NFL's greatest dynasties, winning five Super Bowl championships in just 14 years, between 1981 and 1994, with four of those championships in the 1980s.

The Super Bowl teams were led by Hall of Famers Joe Montana, Jerry Rice, Ronnie Lott, Steve Young, and coach Bill Walsh. With five Super Bowl wins, the 49ers are tied with rivals Dallas Cowboys for the second-most Super Bowl wins. The name "49ers" comes from the name given to the gold prospectors who arrived in Northern California around 1849 during the California Gold Rush. The name was suggested to reflect the voyagers who had rushed the West for gold.

About the coach

Harbaugh was a quarterback in the National Football League, and is currently the head coach of the NFL's San Francisco 49ers. He played college football at the University of Michigan, and was in the NFL for 14 seasons, from 1987 to 2000. Harbaugh has been a head coach since 2004, beginning at the University of San Diego for three seasons. He moved up the coast to Stanford University of the Pac-10 in 2007, and after four seasons, to the 49ers in 2011.

Team Origin

The San Francisco 49ers are a professional American football team based in San Francisco. They are in the West Division of the National Football Conference (NFC) in the NFL.

2012 starting players

OFFENSE

QB 7	Colin Kaepernick	6'4"	230
RB 21	Frank Gore	5'9"	216
FB 49	Bruce Miller	6'2"	248
WR 82	Manningham	6'0"	209
WR 15	Santana Moss	5'10"	205
TE 85	Niles Paul	6'1"	225
LT 74	Joe Staley	6'3"	313
LG 78	Mike Iupati	6'6"	320
C 63	J. Goodwin	6'3"	318
RG 66	Alex Boone	6'5"	320
RT 74	Anthony Davis	6'4"	303

DEFENSE

DE 94	Justin Smith	6'2"	333
DT 91	Ray McDonald	6'4"	315
NT 96	Barry Cofield	6'4"	318
DE 90	D. Worthington	6'5"	311
LB 57	Michael Wilhoite	6'4"	289
LB 53	Navorro Bowman	6'6"	285
LB 52	Patrick Willis	6'5"	276
CB 25	Tarell Brown	5'10"	198
CB 22	Carlos Rogers	5'9"	190
FS 38	Dashon Goldson	6'0"	220
SS 31	Donte Whitner	5'11"	217

Special Teams

K 2	David Akers	6'1"	197
P 4	Andy Lee	6'3"	215

Record 11-4

DATE	Oppenant	Final Score
Sep. 9	Packers	W 30-22
Sept 16	Lions	W 27-19
Sep. 23	Vikings	L 24-13
Sep. 30	Jets	W 34-0
Oct. 7	Bills	W 45-3
Oct. 14	Giants	L 26-3
Oct. 21	Seahawks	W 13-6
Oct. 28	Cardinals	W 24-3
Nov. 4	Bye	Bye
Nov. 11	Rams	Tied (OT)
Nov. 18	Bears	W 32-7
Nov. 22	Saints	W 31-21
Dec. 2	Rams	L 16-13
Dec. 9	Dolphins	W 27-13
Dec. 16	Patriots	W 41-24
Dec. 23	Seahawks	L 42-13
Dec.30	Cardinals	W 27-13